

## COMMUNITY EVENTS & OUTINGS

- Jan 4—Food Council Meeting / New Head Chef Meet & Greet
  - Jan 4—New Resident Social w/ lite hors -d'oeuvres
  - Jan 6 — Honor Home Health Meet & Greet—Andrea
  - Jan 7— Lunch at Olive Garden—Bring own \$\$ \*
  - Jan 11— Martin Luther King Jr. Ceremony w/ refreshments: 10am
  - Jan 11—Fox & Cary Band Duo : 1pm
  - Jan 13— 1 year GC Ashford / January Birthday Celebration
  - Jan 14 — Grove City Museum—Travel back in time —Free\*
  - Jan 17—MLK Holiday. Televised Parade and Activity Packets at front desk 10am-1130am Channel TBD
  - Jan 18—Grove City Police Department Presentation:330pm
  - Jan 21— Lunch at Der Dutchman —Bring own \$\$ \*
  - Jan 25—Acoustic Show w/ Greg Dickinson: 1pm
  - Jan 25— Resident Council Meeting: 3:45pm
  - Jan 26—Shopping at the Thrift Store—Bring own \$\$ \*
  - Jan 28 — Shopping Trip : Meijer —Bring own \$\$ \*
- \*Starting Jan 10, every Monday :**
- \*Grove City Library Trip — Free.**
  - \*Resident Dog Day — MP Room**

**\*= Please sign up at the front desk for all outings ahead of time.**

# THE ASHFORD MONTHLY

A newsletter for Family & Residents of the Ashford of Grove City

## JANUARY



**Happy New Year Ashford Residents, Family & Friends,**

The month of December has been filled with holiday music, games, crafts, our 1<sup>st</sup> annual Tree Lighting and cheer! Christmas has always been my favorite time of year. I can honestly say that this holiday season the residents of our program have warmed our hearts with their kindness, joy, and enthusiasm!

As we are rapidly approaching the end of 2021, we realize what a magnificent year it has been for The Ashford! We have experienced growth and expansion - adding new residents as well as new team members. We are so grateful for your continued support along the way! We would not be a successful program without your participation. On behalf of all the Directors, we would like to thank you for being a part of The Ashford!

To start off the new year, residents can look forward to several new and exciting activities to fit our theme, "New Beginnings!" New activities offered for the upcoming month of January will include Dog therapy, New Resident Socials, A Martin Luther King Jr.

Day Ceremony, Library visits, Paint and Sips with Andrea, musical performances & so much more! In addition to these activities, participants can look forward to several fun-filled Fridays with activities such as lunch trips to Olive Garden and Der Dutchmen, grocery shopping trips to Meijer and Target, and a chance to travel back in time to the Grove City Museum!

We look forward to another year of successful resident living! Enclosed with this letter you will find a copy of the January 2022 activity calendar. As always, please do not hesitate to contact me directly with any questions or concerns that you may have. I can be reached at 614-813-5593 or at [tcsimmons@wallick.com](mailto:tcsimmons@wallick.com)

From everyone here at The Ashford, we wish you a safe, happy, and bright New Year!

Tasha Simmons – Activity Director



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# From the Directors

## Matt Loges— Executive Director

Happy New Year - Wow what a year it has been! January 4th will mark our first year anniversary here at The Ashford of Grove City! We will start a new tradition in January to celebrate our Ashford Grove City "Birthday" along with the resident birthday party.

As a quick reminder, Covid-19 protocols are still in place for the protection of all. Please remember to sign in and out, answer screening questions, and perform temperature checks & proper handwashing. Should any visitor have a high temperature and/or answer screening questions with a "Yes", we ask you to NOT visit the community at that time. Please note, all visitation must occur in resident rooms and no visitation may occur in any common areas (dining room, living room, etc). Any resident that is not fully vaccinated that would like to be, please see Mike O'Day, Director of Care, for scheduling.

I'm pleased to give you an update on Sara Ward, our Senior Living Advisor. As you may know, Sara started her maternity leave mid-December and had a beautiful, healthy baby girl named Callie!

We wish the happy family all the best and look forward to Sara's return!

## Ana Vickroy—Director of Sales and Marketing

Hello family and residents! My name is Ana Vickroy and I am currently working on the Sales/Marketing team here at The Ashford. I am excited to be here and to work with you; feel free to stop by my office and say hello! My job is to help bring residents into this beautiful community, but I am always available to help with any questions or concerns regarding your room.

Did you know that you can get \$1000 off a month if you recommend a friend/family member to move here?! I would be happy to reach out to anyone you may know that could benefit from The Ashford and our services!

I hope you all had a great holiday and thank you for letting me work in your home every day!

## Whitney Bell—Business Director

Wallick Senior Living is proud to announce that we are going green in 2022! As just one-way Wallick is working to preserve resources and respect the environment, we will no longer mail paper invoices unless requested. Beginning on January 1, 2022, all residents will receive a digital copy of their monthly invoice. In addition to electronic statements we will also begin using electronic payment methods.

## Adam Alexander—Executive Chef

The culinary team of The Ashford has hired quite a few new faces. Be sure to welcome them:

Andrea - Executive Chef

Shari - Cook

Victoria - Server

We encourage all of you to attend meals in the dining room. There is a \$3 room charge for all meals delivered to your room. When attending a meal, if you see a new resident, be sure to say hello and maybe invite them to sit at your table!

Food Forum-Please be sure to attend the next food forum. There will be a meet and greet with the new chef! Be sure to bring all the menu ideas you like. If you have any questions or concerns, please be sure to see me!

## Eddie Robinson—Director of Maintenance

**Emergency Safety Tips:** First, remain calm.

**If there is a fire:** please remain in your unit.

**If there is a tornado:** please take shelter in your bathroom, sit on the bench in the shower, and make sure the bathroom door is shut.

The only reason you would have to leave your unit during an emergency is if we or the fire department would evacuate you. If you are out in the community, please find the nearest employee and ask them where you should go. They will be able to direct you where you need to go to be safe.

## Micheal O'Day—Director of Nursing

My name is Mike O'Day and I'm your new Director of Care. I've been a nurse going on 12 years and love what I do. If you ever need anything, please feel free to speak with me anytime. We are all here to provide the utmost care and support to every one of you. I look forward to meeting all of you very soon. Please also help me welcome Danielle Slagle. She is our new Memory Care Coordinator. Danielle will be a great addition to our already wonderful team. Please reach out to either one of us with any questions or concerns. We are all looking forward to beginning the New Year with all of you!

## Tasha Simmons—Activity Director

I encourage all our residents to get out of their rooms for social engagements. Make it your New Year's Resolution to step outside your comfort zone this year and try new activities! Open up to your fellow residents through independent and group activities such as our new resident socials, cooking classes, bingo nights & more! We value our residents and strive to provide an enhanced quality of life for everyone through activities.

Activity Board—Please review the activity board in the bistro while you are eating to see what is going on that day and any changes in the schedule.

Resident Suggestions— Be sure drop a suggestion into our activity box at the front desk and attend the monthly Resident Council meetings.

We are all in this together!

## Recurring Monthly Activities

**M-F : 11am—1130am Morning Exercise**

**Tuesday : 1pm Resident Lead Cooking Classes**

**Tuesday / Thursday : 530pm BINGO & 1pm BINGO**

**Wednesday : Afternoon fun w/ Andrea**

**Wednesday: Euchre Club in the Bistro**

**Thursdays : SALON DAYS—sign up at the Front Desk**

**Thursday: Free manicures—sign up w/ Natalie**

**Friday: 3:30pm Happy Hour!**

**Saturday: 1pm Movie Showing in multipurpose Room—See reception**

## Resident Dog Day!

**Starting January 10th: Every Monday, residents can bring their dogs to the multipurpose room for ALL to enjoy. Dogs must have vaccines. Toys and treats will be provided.**

## Activity Media Department Activity Funds

**BE ON THE LOOKOUT**  
**LATE JANUARY!**

**Check out our Facebook page:**  
**@theashfordofgrovecity**

**Stop by and watch our past to present slideshow from 2021!**

**We do not hold any activity funds for residents.**

**Please review the calendar each month to decide if you would like to participate in outings that cost money. Payment is two options:**

- 1. Family members can give residents cash that they will be responsible for. We are not responsible for lost or stolen funds or items.**
- 2. Outings receipt will be added to resident monthly bill.**

"Aging is an extraordinary process where you become the person you always should have been." - David Bowie

## Happy Birthday!

### Residents

01-03 Ally Faye Burton  
01-14 Suzanne Dein  
01-16 Edgel McClelland

### Staff

01-03 Ngozi Ejiofpr  
01-18 Rabi Adesanya  
01-26 Halima Ali  
01-28 Montana Martin  
01-29 Rikiya Hayes  
01-31 Teresa Williams

**Birthday Celebrations**  
**will be held on January**  
**13th, 2022 at 3:00pm**



## Welcome New Residents!

Richard "Dick" Taylor  
Rhea "Vicky" Duey  
Paula Nesser  
Vernon Feen